

ABOUT US

Barbara Alexander and Claire Molinard have many years of experience as Integral Master Coaches and as students and colleagues of Dr. Gafni. At his behest, they have developed a Unique Self Coaching Process, which weaves together an elegant tapestry of psychological and spiritual theory and practice designed to facilitate the emergence of one's Unique Self.

Barbara and Claire are now training helping professionals to facilitate the Unique Self Coaching Process. They envisage this approach also being helpful to creative people who want to embody Unique Self in their work, as a different form of service and inspiration.



www.barbaraalexander.net

Barbara Alexander is an Integral Master Coach and teacher. Her passion for human development spans 35 years of training and practice in Integral Coaching, Integral Theory, Counseling Psychology and Spiritual Direction. She is a long time practitioner in the Theravada Buddhist and contemplative Christian traditions.



www.clairemolinard.com

Claire Molinard is an Integral Master Coach and teacher. She works in private practice and as faculty for Integral Coaching Canada. Her spiritual practice spans over twenty years of exploring various traditions Eastern and Western.

Today, both Barbara and Claire feel most at home in the trans-lineage movement articulated by Ken Wilber and Marc Gafni at the Center for Integral Wisdom.



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UNIQUE SELF COACHING TRAINING 2015-16



UNIQUE SELF
COACHING COLLECTIVE

*"I've studied Unique Self since 2009,
and I was looking for a way to put it
into practice.*

*You guys have done it.
This is Dharma on wheels!"*

Heather Fester

DIRECTOR OF THE CENTER FOR WRITING AND
SCHOLARSHIP AT CALIFORNIA INSTITUTE OF
INTEGRAL STUDIES



We believe that everyone has a unique purpose and that happiness arises naturally when one lives in the reality of their unique calling as a gift to the world. This is what it means to be living as a Unique Self.

The Unique Self Coaching Collective is dedicated to helping individuals fulfill their highest purpose through offering Unique Self coaching and training that engage deep and sustainable transformation. The Unique Self Coaching Process is a powerful change technology that taps into Creative Source to engage your unique potential and facilitate its emergence as your Unique Self.

The latest research in human development confirms what empirical wisdom and spiritual teachings worldwide have always affirmed: human consciousness is an evolutionary process that continues to develop throughout life.

Ken Wilber's Integral Theory with the capstone of the Unique Self dharma as articulated by Marc Gafni is the basis for Unique Self Coaching. Informed by the wisdom of the ancient spiritual traditions and by modern psychology, the Unique Self teachings remind us that every human being has a story that possesses irreducible and infinite value. Expressing one's own unique story within the greater whole is each person's birthright and unique obligation.

Our vision and greatest hope is that Unique Self Coaching may serve as a skillful means to facilitate the emergence of the Unique Self in men and women of all ages so they may live happier, more successful and purposeful lives in service to the world.

UNIQUE SELF COACHING CERTIFICATION TRAINING

The Unique Self Coaching Training is a 9-month certificate program. It is designed to support helping professionals who wish to deepen their experience of their Unique Self while learning a practical and elegant coaching process rooted in Unique Self Dharma, Integral Theory and the practice of Presencing. Upon completion of this program you will be certified by the Center for Integral Wisdom to facilitate the Unique Self Coaching Process with individuals and groups.

As a Unique Self Coach, you will join a collective of amazing people from diverse background - coaches, consultants, clergy, spiritual directors, therapists as well as creative professionals - all who are committed to spiritual development as a way to change the world.



Endorsement:

"If you work in a helping profession and you seek to incorporate a spiritual growth dimension into your current work with your clients, I personally highly recommend the Unique Self Coaching program as a way to evolve your consciousness and theirs. This training is the most important step you can take towards facilitating your own emergence, and that of your clients."

—Dr. Marc Gafni

UPCOMING UNIQUE SELF COACHING TRAINING

US TRAINING

June 2015 - February 2016

Shaw Guest House on the San Francisco Theological Seminary Campus, 138 Bolinas Road, San Anselmo, CA

Dates:

- **May 27 - 31, 2015**, beginning at 7:00 pm Wednesday evening and ending at 1:00 pm Sunday
- **October 21 - 25, 2015**, beginning at 7:00 pm Wednesday evening and ending at 1:00 pm Sunday
- **February 17 - 21, 2016**, beginning at 7:00 pm Thursday evening and ending at 1:00 pm Sunday

EUROPEAN TRAINING

July 2015 - March 2016

Venwoude Retreat center, Vuurse Steeg 1, 3749 AN Lage Vuursche

Venwoude is a beautiful Retreat Center situated near Amsterdam, on an estate of 40 acres. The beautiful nature and the dedication of the residents and employees have created an atmosphere that is beneficial for growth and transformation processes and for contemplation and deepening.

Dates:

- **July 1 - 5, 2015**, beginning at 7:00 pm Wednesday evening and ending at 1:00 pm Sunday
- **November 18 - 21, 2015**, beginning at 7:00 pm Wednesday evening and ending at 1:00 pm Sunday
- **March 18 - 20, 2016**, beginning at 7:00 pm Thursday evening and ending at 1:00 pm Sunday